

Shabbos with Miryam Swerdlov

Miryam Swerdlov is a wife, mother, grandmother, teacher & historian. A world traveler, Miryam has lectured in Russia, Israel, Europe, South America, Canada & all over the USA.

Miryam also runs tours to Israel and the former USSR.

It is said that when Miryam talks you cry, you laugh and above everything else you think.

SEPTEMBER 26-27 ~ CHABAD HOUSE ~ 1920 COLLEY AVENUE IN NORFOLK

FRIDAY NIGHT - SEPTEMBER 26

Reaching the Honey

50 STEPS TO A SWEET YEAR



SHABBOS DAY - SEPTEMBER 27

Vote G-d For King

WHY?



SATURDAY NIGHT - SEPTEMBER 27

From Stress to Serenity

HOW TO ACHIEVE SERENITY



FRIDAY NIGHT - SEPT. 26

Reaching the Honey

50 steps to a sweet year

Candle Lighting: 6:36 PM

Mincha: 6:45 PM

Kabbalat Shabbat: 7:05 PM

Shabbat Dinner: 7:30 PM

Babysitting Available

Suggested Donation: \$36

RSVP requested by noon on Sept. 25.

SHABBOS MORNING - SEPT. 27

Vote G-d For King

Why?

Shacharit: 10:00 AM

Kiddush Luncheon: 12:45 PM

Kids program during services.

SHABBAT AFTERNOON

Torah Class: 5:20 PM

Mincha: 6:20 PM

Friends of Lubavitch
Chabad of Tidewater
1920 Colley Avenue
Norfolk, VA 23517

Non-profit Org.
US Postage
PAID
Permit #1798
Norfolk, VA

SATURDAY NIGHT - SEPT. 27

From Stress to Serenity

How to achieve serenity

Melave Malka Dinner: 8:15 PM

Suggested Donation: \$36

Special! \$60 for both dinners.

RSVP requested by noon on Sept. 25.

For more information
or to RSVP:

Call: Rabbi Levi ~ 616 0770

Email: rabbilevi@chabadoftidewater.com

Online: www.chabadoftidewater.com

Sponsorship opportunities available